**Cheat's Most Excellent Chocolate and Macadamia or Pistachio Fudge**

This can be given to anyone - male, female, teenage or with a walking frame. If they are determined to eat healthily they can always give it to someone else.

*You’ll need:*

* 125gm dark cooking chocolate
* 60gm butter
* 1 can condensed milk
* 375gm icing sugar
* 150gm chopped roast macadamias or pistachios

*Method:*

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* 375gm icing sugar
* 150gm chopped roasted macadamias or pistachios

Method:

Line an average sized cake tin with baking paper; if it's a bit small the fudge will be thicker, so cut it into smaller pieces; if it's large then the fudge will be thinner, so make the chunks generous.

Melt the chocolate and butter in the microwave or in a bowl over boiling water. (Well, okay, I do it in a saucepan but I stir constantly and keep it on as low a heat as I can, and I have very good thick based saucepans).

Take off the heat, add condensed milk and mix well.

Add icing sugar and again, beat well.

Add nuts, mix well and taste a few times.

Add any decoration you like to the top. Cool till set.

Pour into the tin, leave till cool and cut into slices.

Keep in a sealed container in a cool place.